

Month at a Glance: April

Activity	Enduring Understanding	Vocabulary	Time Needed for Completion
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See it, Say it: Just Say No	It is important to communicate the importance of saying no to drugs.	drugs	45 minutes
Are you positive?	It is important to have positive interactions on social media.	social media positive image peer	30-45 minutes
When Good Pills Go Bad	There are dangers to using prescription drugs incorrectly.	prescription, medicine, harmful, helpful	30-45 minutes
Help! I Can't Put my Phone Down	There is more to do than spend time on social media.	social media cultivate hobby interest accountability partner	30-45 minutes

April



Activity Plan

Title: See It, Say It: Just Say NO

Suggested Time: 2 30-minute sessions

Suggested Grade Level(s): K-5

<p>Activity Objective:</p> <ul style="list-style-type: none"> Scholars will act as influencers. <p>Materials:</p> <ul style="list-style-type: none"> paper pencil crayons markers colored pencils <p>Vocabulary:</p> <ul style="list-style-type: none"> drugs 	<p>Activity Overview: Scholars will create a poster to encourage their peers to just say NO to drugs.</p>	
	<p>Bridge (Connect & Engage)</p>	<ul style="list-style-type: none"> Facilitator: <i>What are some reasons we should not use drugs? Why are drugs bad for us?</i> Facilitator will allow scholars to respond. Facilitator and scholars will discuss scholars' responses.
	<p>Boost (Teach)</p>	<ul style="list-style-type: none"> Facilitator: <i>Why do you think it's important that we focus on the dangers of drugs?</i> Facilitator will allow scholars to respond.
	<p>Build (Rehearse & Build for Transfer/ Close)</p>	<ul style="list-style-type: none"> Facilitator: <i>Today you will have the opportunity to create a poster that uses pictures and words to convey to your peers why drugs are dangerous and why we should just say NO.</i> Facilitator will allow scholars time to create their posters. Facilitator: <i>I would like for you to share your poster with at least one peer and ask them what's one thing they learned from your poster.</i>



Differentiation Station

Suggestions for Remediation

Suggestions for Acceleration

Special Education & English Learner Scaffolds



Scholars can use pictures only on their posters.

Scholars can write a paragraph to summarize what their poster demonstrates about the dangers of using drugs.

Scholars can use pictures only on their posters.

Activity Reflection:

After sharing your poster with a peer, answer the question below: What did your peers learn about the dangers of drugs after looking at your poster.

Supplemental Resources:



Activity Plan

Title: Are You Positive?

Suggested Time: 30 – 45 minutes

Suggested Grade Level(s): 3-5

<p>Activity Objective:</p> <ul style="list-style-type: none"> Scholars will design their own social media platform to include an icon and guidelines for usage. <p>Materials:</p> <ul style="list-style-type: none"> paper pencils <p>Vocabulary:</p> <ul style="list-style-type: none"> social media positive image peer 	<p>Activity Overview: Scholars will discuss the importance of being positive on social media.</p>	
	<p>Bridge (Connect & Engage)</p>	<ul style="list-style-type: none"> Facilitator: <i>Can anyone define social media?</i> Facilitator will allow time for scholars to respond. Facilitator and scholars will discuss scholars' responses. Facilitator will summarize scholars' responses. Facilitator: <i>Social media is a way for people across the entire world to interact with each other. It allows us to share pictures, thoughts, and ideas with others. It's always important to conduct yourself in a positive manner when interacting on social media. You should never do anything on social media that you would not do in your everyday life with family and friends. You should always remember that everything you do on social media can be connected to you for years to come.</i>
	<p>Boost (Teach)</p>	<ul style="list-style-type: none"> Facilitator: <i>Think about ways that you can portray a positive image while interacting on social media.</i> Facilitator will allow for scholars to respond. Facilitator and scholars will discuss scholars' responses. Facilitator will summarize scholars' responses
	<p>Build (Rehears e,& Build for Transfer /Close)</p>	<ul style="list-style-type: none"> Facilitator: <i>You will now write a letter to a peer to explain to him/her why it's important to be positive while interacting on social media.</i> Facilitator will allow scholars time to write their letters. Facilitator: <i>Scholars, please remember to behave in a positive manner when interacting with others on social media.</i>



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Facilitators can provide scholars with a graphic organizer to write their letter.

Scholars can share their letters with a peer and provide feedback.

Scholars can draw a picture to demonstrate positive behavior on social media.

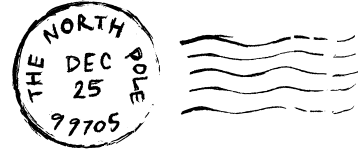
Activity Reflection:

Who are some trusted adults that you can talk to if you encounter interactions on social media that are not positive?

Supplemental Resources:



Letter Writing



Dear



Yours truly,



Activity Plan

Title: When Good Pills Go Bad

Suggested Time: 30-45 minute

Suggested Grade Level(s): 3-5

<p>Activity Objective:</p> <ul style="list-style-type: none"> Scholars will understand the impact of using prescription and over-the-counter medicine incorrectly. <p>Materials:</p> <ul style="list-style-type: none"> chart paper index cards or post it notes <p>Vocabulary:</p>	<p>Activity Overview: Scholars will discuss that "every day" medicine can become a problem if used incorrectly.</p>	
	<p>Bridge (Connect & Engage)</p>	<ul style="list-style-type: none"> Facilitator: <i>Have you ever heard the phrase "Too much of a good thing" before? Take a minute and think about what you think that phrase means. Allow time for scholars to think then accept appropriate responses.</i> Facilitator: <i>You all came up with some great answers and a few of you shared the exact meaning. "Too much of a good thing" means that something that is considered good or pleasant becomes unpleasant or problematic if you have too much of it or if you overdo it.</i> Facilitator: <i>The same can be true of drugs that were meant to help you. The title of our activity today is "When good pills go bad." Talk with your neighbor to predict what you think our activity will be about today. Allow time for scholars to discuss the question with a buddy and then with the larger group.</i>
	<p>Boost (Teach)</p>	<ul style="list-style-type: none"> Facilitator: <i>When we talk about good pills, we are referring to both medicines prescribed by your doctor or medicine that you can pick up from the pharmacy/grocery store. We have already discussed how good pills can become dangerous. Turn and talk with your buddy and ask them what kinds of things can happen when "good pills go bad." Allow time for scholars to talk with their buddy then accept reasonable responses.</i> Facilitator: <i>That was a great discussion. It is important to know that taking medicine from a doctor that was not prescribed to you can be dangerous. Additionally, you should never take medicine unless your parents or guardians give it to you. I want you all to explain in your own words what I just said.</i>



	<p>Boost (Teach)</p> <ul style="list-style-type: none"> • Accept reasonable responses for scholars and clarify responses as needed. • Facilitator: <i>The last thing I want you to understand is that taking too much medicine or too many pills at one time is also dangerous. Doing something like this can cause serious harm to your body and organs. Once again, I want you to explain to me in your own words what I just said.</i> • Accept reasonable responses for scholars and clarify responses as needed.
	<p>Build (Rehearse & Build for Transfer/Close)</p> <ul style="list-style-type: none"> • Facilitator: <i>Now that you have a better understanding of how "Good pills can go bad" you will share your new understanding with a friend by writing a friendly letter.</i> • The facilitator will distribute the letter template to all scholars. • Facilitator: <i>You can use the template to complete the letter or you can write one on your own. Remember to include what you learned about "good pills go bad" and how good pills can be dangerous. Take a few minutes and review the handout. If you have any questions, be sure to ask them.</i> • Answer any procedural questions and allow scholars time to draft a letter to their friend.



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K-2 Scholars can draw a picture that describes what they learned. They can then write a caption to explain what is going on in their picture.

Scholars can use their creativity to create a story about what happens when "good pills go bad."

Scholars can use sentence frames to support their writing. Once they are done, they can type their drafts and use Microsoft word features to improve their vocabulary and grammar.

Activity Reflection:

Allow scholars to share their letters aloud. If time permits, allow them to address an envelope and mail the letter to their friend.

Supplemental Resources:

Friendly letter frame.



Good Pills Can Become Bad

Date: _____

Dear (Friend),

I am writing to tell you all about what I learned about how good pills can become bad

I have learned a lot about the importance of saying no to drugs this year. Here are some important things I have learned.

Your friend,

(Sign your name)



Activity Plan

Title: Help! I Can't Put my Phone Down

Suggested Time: 30-45 minute

Suggested Grade Level(s): 3-5

<p>Activity Objective:</p> <ul style="list-style-type: none"> Scholars will identify activities to replace social media. <p>Materials:</p> <ul style="list-style-type: none"> chart paper index cards or post it notes <p>Vocabulary:</p> <ul style="list-style-type: none"> social media cultivate hobby interest accountability partner 	<p>Activity Overview: Scholars will find alternate activities to do instead of being on social media.</p>	
	<p>Bridge (Connect & Engage)</p>	<ul style="list-style-type: none"> Facilitator: <i>By a show of hands, how many of you use social media throughout the day? Allow time for scholars to respond.</i> Facilitator: <i>I want you all to think about your own habits with social media. Now I want all scholars to reflect on the following questions:</i> <ul style="list-style-type: none"> <i>Stand if you have a Facebook account. Allow time for scholars to stand and then ask them to sit down.</i> <i>Stand if you have an Instagram account. Allow time for scholars to stand and then ask them to sit down.</i> <i>Stand if you have a Snapchat account. Allow time for scholars to stand and then ask them to sit down.</i> <i>Stand if you use another social media platform that I did not mention. Allow time for scholars to stand and then ask them which other platforms they use Allow them to sit down.</i> Facilitator: <i>As you can see, there are lots of us – including your facilitator – that use a variety of social media platforms. Today, we are going to discuss some healthy alternatives to using social media.</i>
	<p>Boost (Teach)</p>	<ul style="list-style-type: none"> Facilitator: <i>I am going to distribute an index card to each of you. On the index card, I want you to list hobbies or activities that you are interested in.</i> The facilitator distributes the index cards and provides scholars with an opportunity to write down hobbies and activities of interest.



	<p>Boost (Teach)</p> <ul style="list-style-type: none"> • Facilitator: <i>I would like you to share your interests with us. Do I have a volunteer to share first?</i> Allow time for scholars to share their hobbies and interests with the group. • Facilitator: <i>Thank you for sharing. Think about all the wonderful hobbies and activities that currently interest you. Do you honestly feel that if you were to spend less time on social media that you would have time to cultivate new interests?</i> Allow time for scholars to process what you said and accept reasonable responses. • Facilitator: <i>I want you all to think about creating an action plan to help you spend less time on social media and more time exploring and cultivating your interests. An action plan is a step-by-step guide to help us achieve a goal. To help us create this plan you will need the index cards we used earlier and the handout I will distribute shortly.</i> Give scholars time to review their index cards and distribute the handout.
	<p>Build (Rehearse & Build for Transfer/Close)</p> <ul style="list-style-type: none"> • Facilitator: <i>Before you begin, I want you to think about someone you can count on to remind you to focus on your hobbies and interests instead of spending time on social media.</i> Allow time for scholars to think of someone. • Facilitator: <i>The person that you can count on is your accountability partner. Find the space on the handout and list your accountability partner.</i> Give scholars an opportunity to add the name of their accountability partner. • Facilitator: <i>You will complete the rest of the handout independently. Try to be honest with yourself and establish action steps that you can complete. If you have any questions, raise your hand and I will help you.</i> Allow time for scholars to complete the handout.



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K-2 Scholars can work together with the teacher in small groups to complete the handout.

Scholars can create a video explaining how they have traded in social media for their new hobby or interest and how it is going.

Scholars can complete the handout with a buddy. The facilitator can provide additional examples and extended time to support their learning.

Activity Reflection:

Facilitator: Think about a timeline for putting your plan into action. Talk with a buddy about how long you will need to complete the steps in your action plan.

Allow scholars to share their timeline with the class and determine if they feel as though it was realistic.

Supplemental Resources:

Handout



Social Media Handout

Name: _____ Date: _____

Favorite social media platform:

Current Hobbies and Interests:

Steps I will take to spend more time on my current hobbies and interests.

1. _____ 2. _____

3. _____ 4. _____

Accountability Partner:

Accountability Partner Checkin Date

How will spending less time on social media and working on your new hobby or interest be beneficial to you?

